

# Strategies for Dealing with Aggressive and Violent Behaviours

## Course Brochure



### What's it about?

In this course, you will find out how to build empathy and knowledge around risk factors, protective factors and behaviour change models so that you can empower young people at risk of (or participating in) violent behaviours to reclaim their lives and choose more useful strategies for managing their emotions.

### How long does the course go for?

This course will take you 2 hours to complete.

Enjoy it in one session or spread it out over a few weeks. You will have ongoing access.

### How does it work?

This course is on-demand and for private study. Learn at your own pace and at times that suit you.

### What are the course modules?

1. Introduction
2. What Causes Violent Behaviours?
3. Managing Violent Situations
4. Supporting Going Forward
5. Your Teaching
6. Reflection

### What are the curriculum links?

**Secondary:** Health and Physical Education.

**General capabilities:** Personal and Social Capability.

### Is it accredited for PD hours?

This course is mapped to the Australian Professional Standards for Teachers.

It is accredited for professional development hours at the following levels:

#### **Proficient Teacher – all states and territories except NSW**

4.3 Manage challenging behaviour by establishing and negotiating clear expectations with students and address discipline issues promptly, fairly and respectfully.



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