

Teach Nature Play

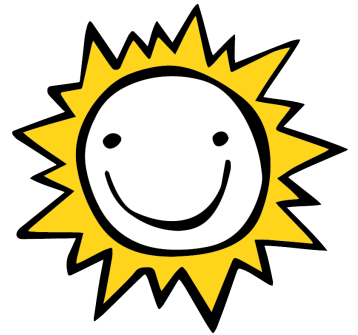
Course Brochure

What's it about?

Get your children outside and enjoying the many benefits of nature play. This online course explores how to enjoy the many benefits of being outside in nature through child-led and play-based learning.

What will I learn?

- What nature play is and why it's important.
- How to use a nature play teaching approach.
- How nature play supports the EYLF and NQS.
- How to include nature play in your learning programs.
- How to manage risk and talk to families.



How long does it go for?

This course will take you 2 hours to complete.

Enjoy it in one session or spread it out over a few weeks. You will have ongoing access.

How does it work?

This course is on-demand and for private study.

Learn at your own pace and at times that suit you.

What are the course modules?

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| 1. Introduction | Get started with your online professional development. |
| 2. The Benefits | Explore the many benefits of nature play. |
| 3. Types of Nature Play | See the different types of nature play in action. |
| 4. EYLF and NQS | Identify how nature play supports the EYLF and NQS. |
| 5. Overcoming Challenges | Manage risk and talk to families about nature play. |
| 6. Reflection | Reflect on your course learning. |

What are the early childhood links?

Early Years Learning Framework (EYLF):

- Outcome 2 – Children become socially responsible and show respect for the environment
- Outcome 3 – Children take increasing responsibility for their health and physical wellbeing
- Outcome 4 – Children resource their own learning through connecting with people, place, technologies and natural and processed materials

National Quality Standard (NQS):

- 1.2.3 – Each child's agency is promoted, enabling them to make choices and decisions that influence events and their world.
- 2.1.3 – Healthy eating and physical activity are promoted and appropriate for each child.
- 3.2.1– Outdoor and indoor spaces are organised and adapted to support every child's participation and to engage every child in quality experiences in both built and natural environments.
- 3.2.3 – The service cares for the environment and supports children to become environmentally responsible.

Is it accredited for PD hours?

This course is mapped to the Australian Professional Standards for Teachers.

It is accredited for professional development hours in:

Proficient Teacher

2.1.2 Apply knowledge of the content and teaching strategies of the teaching area to develop engaging teaching activities.

3.3.3 Plan and implement well-structured learning and teaching programs or lesson sequences that engage students and promote learning

3.4.2 Select and/or create and use a range of resources, including ICT, to engage students in their learning



Cool Australia is endorsed to provide TQI Registered Professional Development for ACT teachers accredited at Proficient or Highly Accomplished Teacher.